



2026 RIDE4DREAMS TRAIL RIDE

Rider Information

Saturday, September 12, 2026 • Pavan Park, Lethbridge, AB

Welcome, riders! The Ride4Dreams Trail Ride is a **family ride** held in a beautiful **outdoor, uncontrolled setting**—which means we may cross paths with cyclists, hikers, grazing goats, wildlife, and other surprises along the way. Our number one goal is a **safe, comfortable, and fun experience for everyone**, so please take a moment to read through this sheet and come prepared.

TWO RIDES TO CHOOSE FROM

New this year, we're offering two ride options so every rider and horse can enjoy the day at a pace that suits them:

Top Loop Ride — Beginner-Friendly

A relaxed, more managed pace around the top section. Perfect for newer riders, younger participants, or horses that prefer to keep things calm.

Coulee Trail Ride — Intermediate & Up

A scenic trail ride down through the coulees. Best suited for confident, experienced riders on horses that are fit and comfortable on varied terrain.

Not sure which ride is right for you? Just ask at sign-in—our team is happy to help you choose.

IS YOUR HORSE READY?

Please bring a horse that is fit, well-exposed, and prepared in advance. Because this is an open, uncontrolled environment, your horse should already be comfortable around the kinds of things we may encounter—**bikers, grazing goats, dogs, wildlife, hikers, and other horses**. A group ride is **not the place to season, train, or try something for the first time**.

You are responsible for staying in control of your own horse at all times, regardless of what others are doing around you. Green or unmanageable horses are not a good fit for this event and, for everyone's safety, may be asked to sit out.

SCHEDULE FOR THE DAY

- Site opens for arrival: **10:00 a.m.**
- Sign-in / Registration: **11:00 a.m.** (choose your ride here)
- Lunch provided: **12:00 p.m.**
- Rides depart: **1:00 p.m.** (riders split into the two ride groups)
- Rides end & return to staging area: **~3:00 p.m.**
- After the ride: **Draws, snacks, and relaxation!**

RIDE ETIQUETTE & SAFETY

A few simple guidelines keep the day safe and enjoyable for every rider, horse, and volunteer:

- **Follow your Ride Boss.** Each ride has a leader responsible for pace and safety—please don't pass or disregard their directions.
- **Give everyone space.** No trotting, galloping, or quick passing. Don't let your horse nuzzle, crowd, or threaten others.
- **Flag a kicker.** Horses that may kick must wear a red ribbon in their tail to alert other riders.
- **Helmets encouraged.** We strongly encourage all riders—especially youth under 18—to wear a helmet.
- **Stay on the trail** and respect the natural environment around you.
- **No dogs, please.** For the safety of horses and riders, dogs are not permitted at this event.
- **End the day calmly.** Don't rush back to the trailers—tired or anxious horses and sudden movement can cause accidents.
- *Riders who don't follow the safety guidelines may be asked to return to the staging area.*

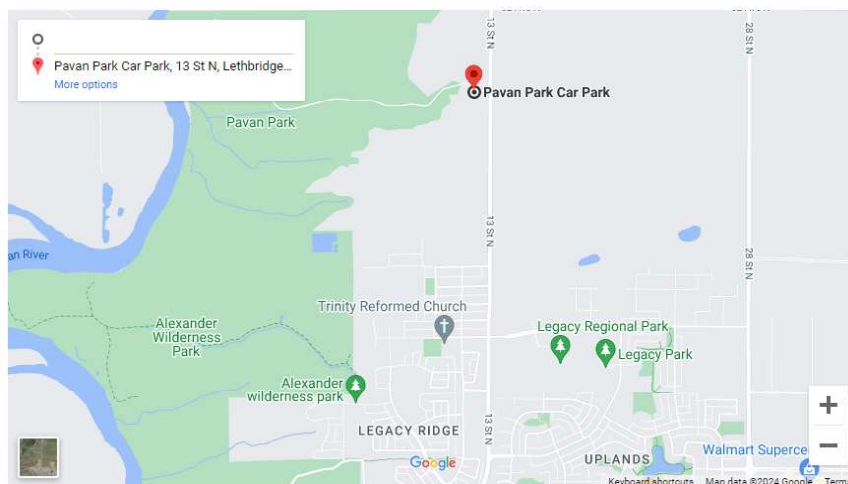
WHAT TO BRING

A lawn chair, bug spray, sunscreen, water, and any riding gear you need to stay safe and comfortable outdoors. *Dress for the weather and plan to enjoy the day!*

LOCATION & DIRECTIONS

Pavan Park — Lethbridge, Alberta

1. Travel north on **13th Street North**.
2. The **Pavan Park entrance** is 2.6 km north of 26th Avenue North.
3. Turn **left** into Pavan Park.
4. Immediately take your **first left** before going down the hill—you'll see the staging area.



THANK YOU, RIDERS!

We deeply appreciate your participation in the Ride4Dreams Trail Ride. Your pledges directly support the life-changing therapeutic riding and equine wellness programs offered by the Lethbridge Therapeutic Riding Association—and in our **50th anniversary year**, that support means more than ever. See you on the trail!

Pledge forms and waivers are available at: www.ltra.ca/events/ride-for-dreams